# Generated privacy notice - health and social care

For more information on how your data is handled, and how the UK’s ICO dictates usage of your data, [check the ICO website.](https://ico.org.uk/for-the-public/)

## Hypnotherapy and Wellness Norfolk customer privacy notice

This privacy notice tells you what to expect us to do with your personal information.

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## Contact details

### Email

hypnowellnessnorfolk@gmail.com

## What information we collect, use, and why

We collect or use the following information **to provide patient care, services, and other goods**:

* Name, address and contact details
* Gender
* Pronoun preferences
* Date of birth
* Information about care needs (including disabilities, home conditions, medication and dietary requirements and general care provisions)
* Payment details (including card or bank information for transfers and direct debits)
* Records of meetings and decisions

We also collect the following information **to provide patient care, services.**

* Religious or philosophical beliefs
* Physical and mental health information
* Sex life information
* Sexual orientation information

We collect or use the following personal information **to comply with legal requirements**:

* Name
* Contact information
* Financial information

We collect or use the following personal information for **dealing with queries, complaints or claims**:

* Names and contact details
* Address
* Payment details
* Account information
* Purchase or service history
* Customer or client accounts and records
* Financial transaction information
* Correspondence

## Lawful bases and data protection rights

Under UK data protection law, we must have a “lawful basis” for collecting and using your personal information. There is a list of possible lawful bases in the UK GDPR. You can find out more about lawful bases on the ICO’s website.

Which lawful basis we rely on may affect your data protection rights which are in brief set out below. You can find out more about your data protection rights and the exemptions which may apply on the ICO’s website:

* **Your right of access** - You have the right to ask us for copies of your personal information. You can request other information such as details about where we get personal information from and who we share personal information with. There are some exemptions which means you may not receive all the information you ask for.
* **Your right to rectification** - You have the right to ask us to correct or delete personal information you think is inaccurate or incomplete.
* **Your right to erasure** - You have the right to ask us to delete your personal information.
* **Your right to restriction of processing** - You have the right to ask us to limit how we can use your personal information.
* **Your right to object to processing** - You have the right to object to the processing of your personal data.
* **Your right to data portability** - You have the right to ask that we transfer the personal information you gave us to another organisation, or to you.
* **Your right to withdraw consent** – When we use consent as our lawful basis you have the right to withdraw your consent at any time.

If you make a request, we must respond to you without undue delay and in any event within one month.

To make a data protection rights request, please contact us using the contact details at the top of this privacy notice.

### Our lawful bases for the collection and use of your data

Our lawful bases for collecting or using personal information **to provide patient care, services, pharmaceutical products and other goods** are:

* Consent - we have permission from you after we gave you all the relevant information. All of your data protection rights may apply, except the right to object. To be clear, you do have the right to withdraw your consent at any time.
* Legitimate interest:
  + Personal information is collected through the means of consultation forms, telephone, email and 1 to 1 session services. This information allows me to personalise and tailor sessions to the client, and to address their own personal needs and requirements.

Our lawful bases for collecting or using personal information **to comply with legal requirements** are:

* Consent - we have permission from you after we gave you all the relevant information. All of your data protection rights may apply, except the right to object. To be clear, you do have the right to withdraw your consent at any time.

Our lawful bases for collecting or using personal information for **dealing with queries, complaints or claims** are:

* Consent - we have permission from you after we gave you all the relevant information. All of your data protection rights may apply, except the right to object. To be clear, you do have the right to withdraw your consent at any time.

## Where we get personal information from

* Directly from you
* Family members or carers

## How long we keep information

* I must hold your data for 8 years after your final session. The exception to this rule applies to children, for whom I must hold their data until their 25th birthday, (unless they are 17 when treatment ends when I must keep it until their 26th birthday). All records will be deleted in the January after the above retention scales.

Duty of confidentiality

We are subject to a common law duty of confidentiality. However, there are circumstances where we will share relevant health and care information. These are where:

* you’ve provided us with your consent (we have taken it as implied to provide you with care, or you have given it explicitly for other uses);
* we have a legal requirement (including court orders) to collect, share or use the data;
* on a case-by-case basis, the public interest to collect, share and use the data overrides the public interest served by protecting the duty of confidentiality (for example sharing information with the police to support the detection or prevention of serious crime);
* If in England or Wales – the requirements of The Health Service (Control of Patient Information) Regulations 2002 are satisfied; or
* If in Scotland – we have the authority to share provided by the Chief Medical Officer for Scotland, the Chief Executive of NHS Scotland, the [Public Benefit and Privacy Panel for Health and Social Care](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.informationgovernance.scot.nhs.uk%2Fpbpphsc%2F&data=05%7C02%7CSharice.Griffiths%40ico.org.uk%7Cfeed70f88eea46e825fa08dc48e56353%7C501293238fab4000adc1c4cfebfa21e6%7C0%7C0%7C638465397245676897%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=mga0Vhe9Dbw9%2BpCYtgyW%2F1BIRZ3kiOCFk8lh9zFJjDY%3D&reserved=0) or other similar governance and scrutiny process.

## How to complain

If you have any concerns about our use of your personal data, you can make a complaint to us using the contact details at the top of this privacy notice.

If you remain unhappy with how we’ve used your data after raising a complaint with us, you can also complain to the ICO.

The ICO’s address:

Information Commissioner’s Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Helpline number: 0303 123 1113

Website: [https://www.ico.org.uk/make-a-complaint](https://ico.org.uk/make-a-complaint/)